

Charma Schifer
Food Service Director
Food Service Compliance Report for School Year 2022/2023

The Bucyrus City Schools Food Service Department has followed all nutritional standards set by the Ohio Department of Education Office of Nutrition for the 2022/2023 school year.

All student meals and snacks have been analyzed using USDA tools to ensure that they are within the nutritional standards for the National School Lunch Program (NSLP), National School Breakfast Program (NSB) and the Smart Snack program.

Menus are planned using meal patterns from NSLP and NSB. Students are offered per week no less than five cups of fruit, five cups for vegetables – including dark green, red orange, legumes and starchy vegetables, 10-12 ounces of grain, 10-12 ounces of meat or meal alternatives and five cups of fluid milk for lunch. For breakfast weekly, five cups of fruits (or fruit juice) is offered with 9-10 ounces of grains and five cups of fluid milk. The grains that were offered for lunch, breakfast and snacks were whole grain.

All snacks were calculated using the USDA Smart Snacks Calculator tool. All snacks met Smart Snack guidelines.